



Day of Surgery

On the day of surgery, you should arrive at your scheduled appointment time. You will be admitted and we will then begin to prepare you for surgery. Please arrange for a responsible adult (18 years or older) to accompany you to the Surgery Center, be available during the procedure, assist you when you are discharged, transport you home, and we recommend someone stay with you for the next 24 hours.

Pre-Operative Medications: Take only the medication directed by your physician and/or the anesthesia department. (If directed to take medication the day of surgery, do so with a small sip of water. Certain heart, blood pressure and diabetic medications may need to be continued – check with your doctor.)

You will be asked to sign a consent form for your procedure, which acknowledges your permission for the physician and facility to care for you. If the patient is a minor, this form must be signed by a parent or legal guardian.

Pediatric Patients

Both parents may stay with their child in the pre-operative area before surgery and again in recovery. A parent or legal guardian must remain in the facility while their child is under our care.

Patient Checklist

- Do not wear nail polish, hair products, or hairpins/clips.
- Dress in light, loose fitting clothing. If you are having hand/shoulder surgery we recommend that you wear loose button shirts and for knee or ankle surgery loose drawstring pants.
- You may brush your teeth, rinse, and spit.
- You may take a bath and use soap. Please do not put anything on your skin, such as lotions, powders, deodorant, perfume and makeup.
- All jewelry and body piercings must be removed prior to surgery.
- Leave all valuables at home with the exception to insurance cards, drivers license/photo ID, and any copayment due at time of service. We are not responsible for belonging brought to the facility.
- CPAP machine if you have sleep apnea.
- Bring a case for eyeglasses or contact lenses, so they can be stored during your operation.